

Hi. My name is Michael Adamczyk. I live in Ansonia, CT. I am 18 years old. My birthday is in January, so I am an adult now. I have autism. My IQ is under 70 so I have a case worker from the department of developmental services. She is Cindy. She is nice to me. She helps me be able to go to the Hamden respite center. I also have mentors she gives me that take me out into the community to learn about social skills and daily living skills. Because I have a mentor, I have a job in the Ansonia Library. I worked on Thursday from 5 to 7. Some of the jobs I did at the library is washing hard-covered books, putting books away in the proper places, and putting barcode stickers on library cards and appointment cards and paper clipped them together. My goals for the future is graduate high school, go to college, buy a house, marry a woman, and have kids.

Some adults like me don't have Cindy be their case manager because they don't have a IQ like mine. They are too high, so they don't get to go to the respite center and they don't have mentors to learn social skills and daily living skills and get a job. Everyone with autism needs to be able to be independent like me, even if they don't have Cindy give them help because they can't help it if they IQ is too high. Mine is good so I get my mentors. Everyone needs to get mentors and learn how to shop and go to the Boys and Girls Club the Valley YMCA and for a walk at the mall and how to cross the street. I am still afraid to cross by myself but I have my mom and my mentors and they make sure I am safe but sometimes I forget to look both ways.

So we need to get social skills and daily living skills for everyone and get a job. I go to the staff room for a break when I work and eat snacks and have a drink. It is important to be independent. I am a mature young man and my mom is proud of me.

Sincerely,
Michael Adamczyk